

# SAJOG

February 2010  
Volume 16 No. 1

THE SOUTH AFRICAN JOURNAL OF  
OBSTETRICS AND GYNAECOLOGY

## CONTENTS

### News

### Editorial

- South African Menopause Society Congress 2010  
*Franco Guidozzi*

### Articles

- Risk factors for perinatal HIV-1 transmission in pregnant women requiring lifelong antiretroviral therapy: A longitudinal study at a tertiary hospital in South Africa  
*Ebrahim Bera, Nkosazana Jwacu, Freda Pauls, Thozeka Mancotywa, Ndileka Ngcelwane, Yoliswa Hlati*
- Delivery of the extremely low-birth-weight vertex-presenting baby – caesarean section or the vaginal route?  
*C A Cluver, D R Hall*
- High prevalence of urinary incontinence and poor knowledge of pelvic floor exercises among women in Ladysmith  
*J P Madombwe, S Knight*
- Complete hydatidiform mole in a 57-year-old woman: A case report  
*Jacqueline Goedhals, Michiel C Botha, Magda Theron, Catherine A Beukes*
- Association between clomiphene citrate and central retinal vein occlusion: A case report  
*Maria I Viola, David Meyer, Thabo Matsaseng, Thinus Kruger*

### The Best of the Rest

### CPD

### Inspirations

3

4

6

14

18

22

24

26

31

32

#### Editor

Athol Kent

#### Deputy Editor

J P de V van Niekerk

#### Assistant Editor

Emma Buchanan

#### Technical Editors

Marijke Maree

Robert Matzdorff

Paula van der Bijl

#### Senior News Journalist

Chris Bateman

#### Head of Publishing

Robert Arendse

#### Production Manager

Emma Couzens

#### Art Director

Siobhan Tillemans

#### Design & Layout

Clinton Mark Griffin

Travis Arendse

#### Distribution Manager

Edward Macdonald

#### Advertising Enquiries

SALES DIRECTOR:

Diane Smith

Tel: (012) 481-2069

#### Sales Team:

Lisa Reid

Azad Yusuf

Keith Hill

Andrew Cross

#### Editorial Board: SAJOG

Alan Alperstein (Cape Town)

Geoffrey Buga (Walter Sisulu)

Hennie Cronje (Free State)

Franco Guidozzi (Witwatersrand)

Justus Hofmeyr (East London)

Thinus Kruger (Stellenbosch)

Gerhard Lindeque (Pretoria)

Eddie Mhlanga (KwaZulu-Natal)

Sam Monokoane (Limpopo)

Jack Moodley (KwaZulu-Natal)

Dan Ncayiyana (Durban)

Hein Odendaal (Stellenbosch)

Zephne van der Spuy (Cape Town)

#### Cover Design

Richard Smith

ISSN 0038-2329

Use of editorial material is subject to the Creative Commons Attribution – Noncommercial Works License.  
<http://creativecommons.org/licenses/by-nc/3.0/>

Original articles listed in Excerpta Medica (Em Base), Biological Abstracts (Biosis), Science Citation Index (Scisearch), Current Contents/Clinical Medicine

Published by the Health and Medical Publishing Group, a subsidiary of the South African Medical Association, 28 Main Road (Cnr Devonshire Hill Road), Rondebosch, 7700

All letters and articles for publication must be submitted online at [www.sajog.org.za](http://www.sajog.org.za)  
Tel: (021) 681-7200  
Fax: (021) 685-1395  
E-mail: [publishing@hmpg.co.za](mailto:publishing@hmpg.co.za)  
Website: [www.samedical.org](http://www.samedical.org)



©Copyright: Health and Medical Publishing Group (Pty) Ltd, a subsidiary of the South African Medical Association

Printed by Tandym Print