### True (A) or false (B):

### Puerperas' knowledge of postnatal exercises

1. It is possible that postpartum exercises may reduce postpartum complications such as haemorrhage and sepsis.

### Knowledge, attitudes, and practice in emergency contraception

- 2. Globally there were an estimated 42 million induced abortions in 2001, of which 48% were unsafe.
- 3. The World Health Organization estimated that between 2003 and 2008 the number of unsafe abortions in the world increased, with the highest rates being in eastern and central Africa.
- 4. A review of 1 077 articles from 113 newspapers published in 2005 demonstrated a confusion between emergency contraception and medical abortion in almost 45% of those articles.

# Abnormal umbilical Doppler and placental histology in fetal growth restriction

- Maternal underperfusion lesions include villous infarction, villous agglutination, syncytial knots and intervillous fibrin deposition.
- 6. In the study included in this journal, abnormal Doppler had a sensitivity of 65% and specificity of 80% for abnormal placental pathology.

# Preventive role of low-molecular-weight heparin in early pregnancy loss

- 7. There are varying definitions of recurrent pregnancy loss, which include two or three pregnancy losses.
- 8. The risk of miscarriage increases to up to 30% after two consecutive early pregnancy losses.
- 9. Recurrent pregnancy loss remains unexplained in up to 50% of couples investigated.
- 10. In the study included in this journal, subcutaneous enoxaparin in a dose of 40 mg once daily improved the chance of live births in non-thrombophilic women with unexplained recurrent pregnancy loss when compared with a placebo.

### Galactogogue use and breastfeeding behaviour

- 11. The global rate of exclusive breastfeeding in the first six months of life is reported as 38%.
- 12. A recent Cochrane review concluded that the use of galactogogues was associated with a significant improvement in longer term outcomes of breastfeeding in preterm infants.
- 13. Galactogogues are dopamine agonists such as antipsychotics, antiemetics and natural supplements which enhance lactation by increasing serum prolactin.
- 14. In high-income settings, galactogogue use has been reported in over 30% of parturient mothers.

# Beliefs and practices in using misoprostol for induction of labour in Zimbabwe

- 15. A global survey published by the WHO in 2014 stated that induction of labour was performed in 9.6% of all births.
- There is currently a clear international definition of failed induction of labour.

### Embolisation of pseudoaneurysm of the uterine artery

17. Secondary postpartum haemorrhage is defined as haemorrhage occurring 6 hours to 6 weeks postpartum.

### Bilateral synchronous benign ovarian neoplasms

- 18. The most common germ cell tumours of the ovary are benign mature cystic teratomas.
- 19. Benign mature cystic teratomas of the ovary are composed of endoderm and ectoderm, but not mesoderm.
- 20. Metastases to the ovary constitute 5% of ovarian neoplasms.

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